

# Chiltern Primary School



Newsletter Number 9, 27th March 2020

## From Mrs T's Desk

I would like to take this opportunity to focus on the positives we have enjoyed this term. We had a spectacular finish to Term One, with students engaging in regular classroom learning as well as participating in our Music program with Ms Briggs.

In the afternoon we had a great celebration with our Easter Hat Parade, announcement of our Colouring Competition winners, drawing of the Easter Egg Raffle and then a social-distance disco; clearly we have many 'groovers' here at CPS because the moves on the dance floor were spectacular.

**Congratulations to the following:**

**Best Decorated Hat**

F-1 = Holly

Yr 2-3 = Tommy

Yr 4-6 = Tristan

**Colouring Competition**

F-1 = Lexi

Yr 2-3 = Abbie

Yr 4-6 = Harmony

**Easter Egg Raffle**

1<sup>st</sup> = Lara Blythman

2<sup>nd</sup> = Paula Casey

3<sup>rd</sup> = Vandermeer family

4<sup>th</sup> = Hallie Roworth

5<sup>th</sup> = Hall family

6<sup>th</sup> = Maisie Harvey

7<sup>th</sup> = Lacey Holyman

**Most Creative  
Dancers**

- Macy
- Cooper E

**Thank you to our  
celebrity judges  
Ms Briggs and  
Ms Hanby**



*School, Family and Community Achieving Together*

## School Contacts

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**Term Dates 2020**

Term 1: 30 Jan – 27 March

Term 2: 14 Apr – 26 Jun

Term 3: 13 Jul – 18 Sep

Term 4: 5 Oct – 18 Dec



**Chiltern**

*Share the Magic*

## Raffle Winners



In this time of uncertainty we would like to take this opportunity to inform the members of our community that we have done everything possible to ensure the safety of students, teachers and families at Chiltern Primary School. We have followed the advice and guidelines as set by the Department of Education and taken all necessary precautions to prevent the spread of the virus at our school. We appreciate the support and understanding of our parent community in making sure that all students have followed proper hygiene procedures and ask parents to be patient and understanding of staff as we are providing information from the Department to the school community. We have completed a 'sterilisation' of all frequently touched surfaces, including laptops and iPads, sports equipment and play equipment with hospital grade disinfectant. In addition, we have organised with our cleaning provider to undertake a 'spring' clean prior to the commencement of Term Two.

### What can we all do?

Acknowledging some level of concern about the current COVID-19 pandemic, without panicking, is appropriate and can result in taking actions that reduce the risk of illness. Helping children cope with anxiety requires providing accurate prevention information and facts without causing undue alarm.

It is very important to remember that children look to adults for guidance on how to react to stressful events. If parents seem overly worried, children's anxiety may rise. Parents should reassure children that health and school officials are working hard to ensure that people throughout the country stay healthy .

However, children also need factual, age appropriate information about the potential seriousness of disease risk and concrete instruction about how to avoid infections and spread of disease. Teaching children positive preventive measures, talking with them about their fears, and giving them a sense of some control over their risk of infection can help reduce anxiety.

### Remain calm and reassuring

- Children will react to and follow your verbal and nonverbal reactions;
- What you say and do about COVID-19, current prevention efforts, and related events can either increase or decrease your children's anxiety;
- If true, emphasize to your children that they and your family are fine;
- Remind them that you and the adults at their school are there to keep them safe and healthy, and
- Let your children talk about their feelings and help reframe their concerns into the appropriate perspective.

### Monitor television viewing and social media

- Limit television viewing or access to information on the Internet and through social media. Try to avoid watching or listening to information that might be upsetting when your children are present.
- Speak to your child about how many stories about COVID-19 on the Internet may be based on rumours and inaccurate information.
- Talk to your child about factual information of this disease—this can help reduce anxiety.
- Constantly watching updates on the status of COVID-19 can increase anxiety—avoid this.
- Be aware that developmentally inappropriate information (i.e. information designed for adults) can cause anxiety or confusion, particularly in young.
- Engage your child in games or other interesting activities instead.

### Suggested Points When Talking to Children

There are things you can do to stay healthy and avoid spreading the disease:

- Avoid close contact with people who are sick;
- Stay home when you are sick;
- Cover your cough or sneeze into your elbow or a tissue, then throw the tissue in the bin;
- Avoid touching your eyes, nose, and mouth;
- Wash hands often with soap and water (20 seconds);
- If you don't have soap, use hand sanitizer (60-95% alcohol based); and
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



It was fantastic to chat to every family via the phone on Wednesday and I thank you all for giving me the time to talk. Please don't hesitate to contact the school or email me if there is anything we can do to support your family.



**PLACES TO CALL IF YOU NEED HELP**

<b>LIFELINE</b> 13 11 14	<b>BEYOND BLUE</b> 1300 22 4636
<b>1800 RESPECT</b> 1800 737 732	<b>HEADSPACE</b> 1800 650 890
<b>MINDSPOT</b> 1800 61 44 34	<b>KIDS HELPLINE</b> 1800 55 1800
<b>NATIONAL DEBT HELPLINE</b> 1800 007 007	<b>NATIONAL CORONAVIRUS HELPLINE</b> 1800 020 080

Take care of yourselves and each other and have a wonderful Easter (albeit from a distance).



Cheers

Mrs T 😊



**Easter Hats  
and  
Disco Dancers**



# PROPOSED DIARY DATES

<b>Wednesday 15th April</b>	Proposed Commencement Term Two
<b>Monday 20th April</b>	Jump Rope for Heart launch
<b>Wednesday 29th April</b>	Responsible Pet Program
<b>Wednesday 6th May</b>	Mother's Day Stall
<b>Wednesday 13th May</b>	Healthy Harold

**THANK YOU SUE CAROLANE**

It is with great sadness, that Sue, our fabulous 'speechie' has decided it is time to retire. Sue has spent the last forty years working with children to assist them with their speech.

We thank Sue for all the wonderful work she has done working with students at Chiltern Primary School over many, many years and will miss her enormously. She will certainly leave BIG shoes to fill.

On behalf of our school community we wish Sue a very happy retirement and hope to hear from her as she embarks on an exciting new stage of her life with her family.

Thank you Sue.




Thank You  
&  
Good Luck

**Birthday this week**



**Shanaye**  
**Cailem**  
**& Lacey**

**House Sports Progressive Totals**

<b>Anderson</b>	<b>36,549</b>	
<b>Bartley</b>	<b>28,570</b>	
<b>Conness</b>	<b>31,249</b>	

Anderson are the winners for this term and they will have their celebration next term.

# STUDENT AWARDS



	Class	For...
Jack	F-1	This award is presented to recognise the kind and caring way Jack treats other people. Jack is always thoughtful and works cooperatively with his teammates. Last week Jack demonstrated our School Values by showing 'Care and Compassion' towards others when he found help for a friend in the playground. Thank you Jack for helping your classmates at school.
Lacey	F-1	This award is given to recognise Lacey's all-round positive approach to everything she does at school. She strives hard to do her best in every way, giving 100% to her learning while at the same time, providing a positive role model for her classmates, by being kind, respectful, responsible, and honest and fair in the way she treats others. Thank you Lacey for the excellent contribution you make to our F/1 class!
Paige	2-3	This past week you have contributed more and more to class discussion. Your opinions and thoughts regarding our Information Report writing have been valuable in our class. You showed confidence in expressing your ideas and I know the class appreciated your thoughts and ideas. Keep it up Paige
Charlie	2-3	This past week and over this term you have really stepped it up! You have taken pride in the work you completed and have worked hard to finish all learning tasks. You have moved away from any distractions to make sure your work is completed at a high standard. Keep it up Charlie!
Lucas	4-6	For demonstrating our school values to be a respectful and responsible learner. Lucas has shown outstanding growth in his approach towards his learning. When given a task, he settles into his work quietly and willingly seeks assistance when needed. All term, Lucas has been extremely organised with his Home Learning Program, never missing a deadline and following the summary task down to a 'T.' Keep up the great work Lucas!
Noah	4-6	For demonstrating a growth mindset. In Writing, Noah displayed a willingness to listen to, and take on board feedback given. He has worked extremely hard over the last week on his editing and up-levelling process. He has improved the overall quality of his Big Write narrative, by focusing on varying his openers to keep his writing interesting. Great work Noah!

## Principal's Award

Alice

Congratulations Alice on your fantastic approach to being such a responsible and caring member of our school community. We thank you for demonstrating such a responsible attitude towards not only your school work, but also to those around you. You always act in a kind and caring manner and this trait is highly valued by all those around you. Fantastic effort.





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